

## **Cervical Discectomy with Replacement or Fusion Which is Better**

A modification of the anterior cervical discectomy and fusion procedure is anterior cervical discectomy and disc replacement with a motion device. This has become popular lately, and it is a big issue in spine surgery whether it is better than the fusion or worse than the fusion. Right now, we are not exactly sure because certainly with the disc replacement device, with the motion sparing, we have motion, but long term, we do not know where this leads us. Will this hold up over many many years, meaning 10, 20, 30 years. We just do not have that data yet. When I go to the meetings now, I am looking to get the answer to this question and will be constantly updating the web site to give you the latest opinions about whether you should have a motion sparing device with your discectomy or whether you should have a fusion.

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### **New York City, NY Office**

315 W. 57th St. Suite 304  
New York, NY 10019  
Tel: (914) 948-5067  
Fax: (914) 948-5602

*\*\*Manhattan Practice Limited to Cervical Herniated Disc Surgery.*

### **White Plains, NY Office**

244 Westchester Avenue, Suite 310  
White Plains, NY 10604  
Tel: (914) 948-5067  
Fax: (914) 948-5602