

What Are The Symptoms Of A Herniated Cervical Disc

So what are the symptoms of the cervical herniated disc? Well initially you may just feel neck pain and some times people even describe a pop or a sensation of burning in the neck and I believe that is the first start to the herniation. So view the herniation as a process. Initially just pain but that usually progresses within a day or two to more symptoms into the arm. Now remember, because the herniated disc is putting pressure on the nerve what you are going to feel is nerve pain and those are things such as pain or also numbness or tingling and if the nerve is being squashed a lot you are even going to get weakness and that is usually in the arm, typically in one arm, but it can be in both arms. If the herniated disc is more towards the center part and you have pressure on the spinal cord, you are going to have other symptoms of greater concern such as difficulty walking or loss of bowel or bladder control or numbness into the feet and legs or the buttock area and that is something you have to contact your doctor about right away. Also if you have symptoms such as progressive numbness where it is getting worse by the hour into the arm or hand or weakness with that which is progressive you also have to call your doctor or go to the emergency room right away, that means that the herniated disc is so large that is putting pressure on the spinal cord in a way that could be dangerous for you and now it would be the time to go to the emergency room, most likely they will do an MRI scan or a CAT scan of your neck, confirm the diagnosis, and recommend treatment but that is very rare, usually the symptoms of the cervical herniated disc are pain into the arm with some numbness and tingling and maybe some weakness in the arm as well.

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