

## What Is Myelopathy From A Cervical Herniated Disc

So what is myelopathy? You may hear the term myelopathy being used to describe some of the symptoms you are having. If the spinal cord has compression on it, then you may have symptoms related to that spinal cord compression and specifically meaning problems walking, stumbling gait, problems with bowel or bladder function and those are not good symptoms to have because it means the spinal cord has enough pressure on it where it is starting to get injured and now produce symptoms. So when you have symptoms or signs of myelopathy, your doctor will take those more seriously than if you just had some numbness or tingling in the arms and you need to discuss treatments for that and frequently that does lead to surgery. The good news is we have good surgical techniques to take care of that. We can take pressure off the spinal cord and many of those symptoms usually are reversed. But it is important to catch it early because myelopathy can be progressive and some of those changes may be permanent.

Seth L. Neubardt, M.D.

SLN/gisl/law/qap/030214/SLN100032-1

**New York City, NY Office**

315 W. 57th St. Suite 304  
New York, NY 10019  
Tel: (914) 948-5067  
Fax: (914) 948-5602

*\*\*Manhattan Practice Limited to Cervical Herniated Disc Surgery.*

**White Plains, NY Office**

244 Westchester Avenue, Suite 310  
White Plains, NY 10604  
Tel: (914) 948-5067  
Fax: (914) 948-5602