

## How to Pick The Best Surgeon For Cervical Herniated Disc Surgery

So you need surgery for your cervical herniated disc and it is time to pick a surgeon. How do you pick a surgeon for this surgery? Well, there are three ways you can find a surgeon and these are the ways that patients who come to us have usually found us.

Number one, word of mouth. If you know someone has had this procedure, ask them, how they did. If they did not do well, you do not want to go to that surgeon. If they did well, you want to learn more about that surgeon. Number two, ask your primary care physician who they would go to if they need to have the surgery? and number three, go on the internet. The internet is providing tremendous information for patients and it is giving you the real information. If a doctor is not good and the doctor is not treating people properly, it is going to show up. It is going to show up in the comments that patients are making. So, go on to [vitals.com](http://vitals.com), go on to [healthgrades.com](http://healthgrades.com) and read the comments. The stars are not so important. It is really the comments and you need to read those and see are these real patients saying real things and you will know just by reading it and if you get a feel that this doctor is compassionate and caring and talented, then that is the doctor you want to see. So, when you see the doctor, you want to look for someone who specializes in spinal surgery and hopefully someone who specializes in cervical herniated disc treatments. Number two, you want to look for a doctor who is caring, because it is not just a technical exercise in doing this procedure, you want someone who is going to understand the anxieties that you have, the concerns that you have, the pain that you have, and especially the postoperative needs that you have, so you want someone who is caring and experienced, and number three, you want some doctor who is going to be available to you, someone at two in the morning, if you call when you have a problem, someone who is going to answer the phone and get back to you.

You know, surgery is great when it goes great, but you need a doctor that is going to be there if things do not go well, if you have an infection, if you have some pain issues, and that is why you need a doctor who is going to be available, caring, and compassionate.

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