



## **Physiatry For Non-Surgical Treatment Of The Cervical Herniated Disc**

Physiatry is a specialty in medicine. If you have a child and the child has to see a doctor, you go to a pediatrician. If you have a problem with your bones and joints, you can either see an orthopedic surgeon or you can see a physiatrist. A physiatrist is more interested in rehabilitation. Many physiatrists are now treating patients with cervical herniated discs and are also becoming specialists in pain management. So, under the category of pain management, the doctor may be a licensed physiatrist. These are MDs who are trained in physiatry, but then have a special interest in pain, so physiatry is just a term for the doctor that you may encounter, and I mention this in the web site because as you now start to look to try to get treatment, you may wonder should I see a physiatrist. Really you need to see someone who specializes in cervical herniated disc problems, so you can call that doctor's office and say does the doctor treat cervical herniated disc, if so, by all means physiatry is a great place to start and that doctor may also have a specialty in pain management and in rehab meaning rehabilitation which suggests physical therapy. So bottom line of physiatry is; this is a doctor you may see that would most likely be someone who is very qualified to treat the cervical herniated disc disease, and I completely endorse you seeing the physiatrist.

SLN/gisl/mjm/nat/050914/SLN20044-1