

Osteopathy For Non-Surgical Treatment Of The Cervical Herniated Disc

You may see after a doctor's name initials. On my name, it is M.D., I am a medical doctor. Frequently, physicians who are treating patients will have D.O., that is for doctor of osteopathy and that makes that person an osteopath. We work with the osteopaths in the hospital, even during surgery and they are integrated into the medical community seamlessly. So, osteopath is basically another type of medical doctor who you can see. They frequently have more training in manipulation of the joints and the muscles and maybe a little more orientation towards rehabilitation. So for a patient with a cervical herniated disc, I totally endorse you seeing an osteopath if that is the physician that you have absolutely no problem with that. So the bottom line in osteopathy is it is great for treating the cervical herniated disc. This is not a specific type of treatment, but more describing the practitioner and if the person is qualified and he has good recommendations and good word of mouth, then absolutely no problem seeing that doctor.

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New York City, NY Office

315 W. 57th St. Suite 304
New York, NY 10019
Tel: (914) 948-5067
Fax: (914) 948-5602

***Manhattan Practice Limited to Cervical Herniated Disc Surgery.*

White Plains, NY Office

244 Westchester Avenue, Suite 310
White Plains, NY 10604
Tel: (914) 948-5067
Fax: (914) 948-5602