

How to Read Your MRI At Home Conclusion

My grandfather was a doctor and he had an office in his house where he and my grandmother lived, and I remember going there as a little kid and seeing the big x-ray machine. It was like a big monster. My brother and I would climb around and press all the buttons and levers, probably irradiate ourselves, but that was x-rays and imaging in his time. My dad was a doctor and we used to go to his office and play with the machine there too. It was much smaller and we could see the images on the little tiny screen. I really could not make anything out when he would show me where the baby's head was, but I believed him. And now, I have these amazing images where everybody can see what is clearly going on. So, it is gone from this big monster of a machine to beautiful images where even if you are not a physician you can now see the herniated disc clearly, so take advantage of that, look at your images. My kids come to the office now and I pull up these images, and they ask me for the car keys, so what can I tell you. So two bits of information, two tips that you can go home with. Number one, when you go to the doctor with your MRI, bring the report. So, you show up at the office with the MRI and the report, it helps the doctor a lot and the second bit of information is when your doctor is looking at the MRI, try as best as you can as to be quiet. Give the doctor time to study the images. Do not tell the doctor what some other professors saw in the images because you are just giving information, which will have an impact on your doctor's opinion and give the doctor time to come to independent opinion, and then you can ask your questions after. So, I think you will go to the doctor's office now prepared and you will get the most out of the visit with your surgeon.

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